

BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE SUMMER SPEED SESSION 2018 – SESSION F

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| Beginning: Monday July 9, 2018 Ending: Friday, August 3, 2018 Make-up Week: No make-ups |  | 100 Barber Place, Erie, PA 16507-1899 Website: www.barberinstitute.org → For Families → Swimming Pool Phone: (814)878-4071 Email: mkaliszak@barberinstitute.org |
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****Learn – To – Swim Classes will be held TWICE a week for 4 weeks****

| TIME | MONDAYS and THURSDAYS | TUESDAYS and FRIDAYS | WEDNESDAY | Learn-To-Swim Lessons |
|---------|------------------------|--------------------------|------------------------|---|
| 9-10:00 | BNI Summer Camps | BNI Summer Camps | BNI Summer Camps | <u>To Register For Swim Classes</u> Call: 878-4071 <u>Next Session:</u> Session A August 27-October 19 Registration for Session A: Members August 13, Non-Members August 20. |
| 10:30 | BNI Summer Camps | BNI Summer Camps | BNI Summer Camps | |
| 11:00 | BNI Summer Camps | BNI Summer Camps | BNI Summer Camps | |
| 12-1 | Adult Open Exercise | Adult Open Exercise | Adult Open Exercise | |
| 1-2 | Arthritis AQ Program | Arthritis AQ Program | Arthritis AQ Program | |
| 2:00 | Adult Open Exercise | Private Lesson \$12.00 | Adult Open Exercise | |
| 2:30 | 2:00 – 3:00 | Level 3 | 2:00 – 3:00 | |
| 3:00 | Preschool Aqua Level 2 | Level 2 | Private Lesson \$12.00 | |
| 3:30 | Preschool Aqua Level 3 | Preschool Aqua Level 1 | Private Lesson \$12.00 | |
| 4:00 | Preschool Aqua Level 1 | Parent Child Level 1 | Private Lesson \$12.00 | |
| 4:30 | Level 1 | Preschool Aqua Level 2 | Private Lesson \$12.00 | |
| 5:00 | Level 4 | Parent Child Level 1 & 2 | Private Lesson \$12.00 | |
| 5:30 | Level 2 | Parent Child Level 2 | Private Lesson \$12.00 | |

6:00 – 7:00 pm Mondays – AOE Tuesdays – Preschool Advanced (1 hour), Wednesdays – AOE

6:00 – 7:00 pm Thursdays and Fridays – Family Swim

Students 6 Months to 5 Years:

- Parent/Child Level 1: 6 months to 4 years of age, Parental assist in the water. Introduces basic skills to parents and children.
- Parent/Child Level 2: 1.5 to 4 years of age, Parental assist in the water. Builds on skills introduced in Parent/Child Level 1.
- Preschool Aquatics Level 1: Ages 3, 4, 5. Elementary aquatic skills and safety practices
- Preschool Aquatics Level 2: Ages 3, 4 and 5. Beginning independent aquatic locomotion skills.
- Preschool Aquatics Level 3: Ages 3, 4 and 5. Swimming skills are now performed independently.

Students Ages 6 and Above:

- Level 1: Will learn going under water, blowing bubbles, floating with assistance
- Level 2: To enter, must submerge head completely under. Will learn floating and locomotion skills.
- Level 3: To enter, Must float and motor 15 feet independently. Will learn stroke techniques.
- Level 4: Refining Front crawl, elementary backstroke, side stroke. Learn breaststroke, butterfly, and back crawl.

****Passing Level 4 provides the skills to join a swim team****

Registration:
Members early sign up begins June 25, 2018
Non-members Begin July 2, 2018

Annual Shutdown

The pool will be closed for shutdown from August 4, 2018 to August 26, 2018